**LESSON PLAN**

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| **Date: June 29, 2015** | **Student group: Level II CACPT Certificate Program** |
| **Professor: Theresa Fraser** |  |
| **Duration of the lesson:7 hrs. hour workshop** |  |
| **Title of lesson/activity: Attachment and Play Therapy**  |
| **Intended Learning Outcomes:**By the end of this workshop participants will be able to:1. Define the symptoms of attachments disorders.
2. Describe the history of attachment theory.
3. Articulate some of the fundamentals underlying different play therapy and/or attachment treatment methods.
4. Demonstrate direct application to play therapy models of practice in treating attachment disorders.
5. Articulate how attachment intervention impacts brain physiology.
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| **Prior Learning and Experiences:**» Participants will have had prior coursework in 1) Child Development or Developmental Psychology and2) Child and Adolescent Behavioral Disorders 3) Psychopathology or Human Adjustment 4) Maladjustment or Abnormal Psychology or Theories of PersonalityToday’s content builds on the learning applied from this coursework.Today’s content comes after the Brain Day and Play Therapy workshop |
| **Teaching Strategies**Quiz to review the brain and attachment styles.Participants are asked to bring a baby photo of themselves and we will guess which baby picture belongs to whom.We will also discuss life story work with children and why not having photos can be a challenge hence, we need to be mindful of how children/youth and families experience this. The group will brainstorm solutions for children/youth/families who don’t have photos. Students will be asked to bring props and will role play their teenage selves and child selves. We will engage in a think/pair/share discussion about our baby selves and the impact of attachment styles on development. We will also discuss impact of therapist attachment style on work and interactions with others. Video clips: Dr. Bruce Perry, Dr. Alan Siegal, Bowlby, Ainsworth, Harlow and Theraplay institute./ Small group discussion/large group discussionCentre based /sensory play activities including Kool-Aid play dough and Sandtray. |
| **Resources, Materials and Organization:*** Role play clothing and jewelry
* Ability to watch movie clips in the classroom from You tube

 Nipising Developmental Screening also introduced. * Physical activities to help students explain neural pathways, mirror neurons.
* Play stations to demonstrate attachment building activities.
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| **Assessment:**Assessment Quiz on attachment Small group presentations – participants will be broken into groups and they will watch video clips on Theraplay/circle of security/floor time/ wait, watch, wonder and then they will present back to larger group.  |
| **Evaluation:**Participants do not have to be evaluated on each learning objective as this is a workshop. However, at the end of the certificate program level (of which there are three levels) they need to complete a paper referencing learning obtained in that level of training. |